

Communicator

The Minot Area Chamber of Commerce and You!

Vol. XIX, Issue No. 10

www.minotchamber.org

November 2015

25th Annual Showcase of Business Nov. 19: Showcase celebrates television over the years

Hundreds of people will be in awe as they participate in the annual Minot Area Chamber of Commerce Showcase of Business Nov. 19. The 2015 event theme is "Television through the years. What's on your channel?" This is the 25th year for the Showcase and sponsor KXMC CBS13 will decorate the event center to the theme, as will the 70 plus businesses on hand.

Chamber president John MacMartin said, "We continue to strive to make this the premiere event of the fall for Chamber members."

The Showcase is an event not only for businesses, but for the public to see what they have to offer. Booths are still available; the cost is \$175 for a 10 X 10 and \$275 for a 15 X 15 for Chamber members.



The cost to attend is just \$10. Expect to see great prizes, food and entertainment. Call the Chamber for more information at 852-6000.

Annual meeting great way to start off new year

Two hundred and thirty people took in the 2015 Minot Area Chamber of Commerce Annual Meeting Oct. 7. The crowd heard from incoming Chair Duane Poynter (Off Broadway Laundromat) and outgoing Chair Alan Estvold (Ackerman-Estvold) as the Chamber also thanked Linda Johnson (Home Sweet Home), Mary Dittus (Harley's Arrowhead), Jonn Knecht (American Bank Center), and Fred Lien (Lien's Jewelry) for their years of service and dedication to the board.



Estvold and Poynter also presented three awards that afternoon. Knowles Jewelry received the Spirit of Growth Award for work with the Chamber Prairie Warrior Auction, the Kiwanis Club of Minot and the Zoo Crew at the Roosevelt Park Zoo among other things. As owners, Al and Linda Torrington are an



example of great spirit in their mission, growth, vision and activities. The Impact

Award was given to KXMC CBS13 for their dedication to Minot through the Norsk Høstfest, the hard



work in getting information out to the community in times of need, like the 2011 flood, and for their involvement with their

employees and their station. Additionally, KXMC CBS13 has sponsored the Showcase of Business for all 25 years of the event.

This year's Business Stewardship Award was given to Chuck Kramer (I. Keating Furniture World).

Kramer is dedicated to Minot and has helped with numerous community projects. This recently included a community effort to get people



involved where he developed a slogan and poem entitled, "Our Magic City...just who will you be?" Congratulations to all three award winners!

The main speaker of the afternoon was Troy Johnson of Wilbur Ellis Company. Johnson focused on agriculture, North Dakota's number one industry, and educated the audience on GMO's, production and what lies ahead.

Plans are already underway for the 2016 Annual



Meeting, but focus now is on the 2015-16 fiscal year as the economy starts to settle with a slowing oil industry.

ACCREDITED

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MINOT AREA CHAMBER of COMMERCE COMMUNICATOR

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Material published in the *Chamber Communicator* expresses the viewpoints or policies of the *Communicator*, the Minot Area Chamber of Commerce and its Board of Directors. The purpose of this newsletter is to communicate with the membership of the Minot Area Chamber of Commerce.

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Credit Union)852-2018						
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New Members

The Minot Chamber welcomes new members. Join us in thanking **Strengthen ND**, **Terracon Consultants**, **Inc.** and **American Cabling Solutions**. Please let them know how much of a value they are to our community.

STRENGTHEN ND: 12 South Main St. • PO Box 982 • Minot, ND • 701-303-0840 Email: megan@strengthennd.com • Website: www.strengthennd.com

Megan Laudenschlager, Executive Director

Strengthen ND supports western North Dakota through nonprofit capacity building opportunities, advancing regional issues, and facilitating community solutions.

TERRACON CONSULTANTS, INC.: 6701 4th St. SW, Minot, ND • 701-787-6341 • Fax: 772-2633 Steve Maliszeski, staff geologist • Email: Steve.Maliszeski@terracon.com• Website: www.terracon.com National firm Terracon has served the Minot area since 1975 providing environmental, geotechnical, and materials consulting/engineering delivered with responsiveness, reliability, and resourcefulness.

ACE (AMERICAN CABLING SOLUTIONS): 3410 13th St. NE • Minot • 406-320-0564 Dan Eslinger, Owner • dreslinger28@yahoo.com

ACS specializes in industrial, commerical and residential data & phone cabling, video surveillance, access control, fiber installation and splicing, and trouble shooting.

SSI benefits will not automatically increase in 2016

With consumer prices down over the past year, monthly Social Security and Supplemental Security Income (SSI) benefits for nearly 65 million Americans will not automatically increase in 2016. The Social Security Act provides for an automatic increase in Social Security and SSI benefits if there is an increase in inflation as measured by the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W). The period of consideration includes the third quarter of the last year a cost-of-living adjustment (COLA) was made to the third quarter of the current year. As determined by the Bureau of Labor Statistics, there was no increase in the CPI-W from the third quarter of 2014 to the third quarter of 2015. Therefore, under existing law, there can be no COLA in 2016.

Other adjustments that would normally take effect based on changes in the national average wage index also will not take effect in January 2016. Since there is no COLA, the statute also prohibits a change in the maximum amount of earnings subject to the Social Security tax, as well as the retirement earnings test exempt amounts. These amounts will remain unchanged in 2016. The attached fact sheet provides more information on 2016 Social Security and SSI changes.

The Department of Health and Human Services has not yet announced Medicare premium changes for 2016. Should there be an increase in the Medicare Part B premium, the law contains a "hold harmless" provision that protects approximately 70 percent of Social Security beneficiaries from paying a higher Part B premium, in order to avoid reducing their net Social Security benefit. Those not protected include higher income beneficiaries subject to an income-adjusted Part B premium and beneficiaries newly entitled to Part B in 2016. In addition, beneficiaries who have their Medicare Part B premiums paid by state medical assistance programs will see no change in their Social Security benefit. The state will be required to pay any Medicare Part B premium increase.

Information about Medicare changes for 2016, when available, will be found at www.medicare.gov. For additional information, please go to www.socialsecurity.gov/cola.

RENEWALS

The Chamber extends a big "THANK YOU" to our members who have renewed their membership through Oct. 22, 2015. Your continued support helps your Chamber promote the business community and do the work seen in the pages of this newsletter.

Ackerman-Estvold AFLAC - Cassie Loard AMEC American Family Agency American Insurance Center Anytime Fitness Artistic Floors & Lights Inc. Batteries Plus Bulbs Capital Financial Holdings, Inc. Chiropractic Health & Wellness Clean Harbors Environmental Services CompuTech, Inc. Cornerstone Bank Dakota Baptist Church Dufner Construction, Inc. EZ PARK First Command Financial Planning Hess Corporation

Independence, Inc. Indigo Signworks Integrity Viking Funds Johnson Eyecare P.C Kemmet Dental Design Blake Krabseth Comedian/Magician Dr. Lowell Latimer Longhorn Steakhouse Maintenance Plus Inc. Margie's Art Glass Studio McDonald's Restaurants of Minot Microtel Inn & Suites Minot Area Council of the Arts Minot Hockey Boosters Minot Public School Foundation Moore Engineering, Inc. Nola's Lounge North Dakota Society of CPAs

Our Redeemer's Christian School Park South Holdings, LLC Refrigeration Equipment, Inc. Ryan Honda of Minot S & S Promotional Group Satori Skin & Body Center Satrom Travel Shoe Carnival Souris Valley Suites Spherion Staffing Swenson RV & Equipment Taylor Motors, Inc. Thrivent Financial TSC Farm Home Auto Store Vardon Golf Club Vision Source-Minot Wellness Images

MINOT AREA CHAMBER OF COMMERCE

23 graduate from CLI November 5

The following participants of the 2015 Community Leadership Institute (CLI) graduate Nov. 5 at a luncheon ceremony at the Grand Hotel. We look forward to seeing these community-minded participants in action to better our community.



MEGAN AWALT Brady, Martz & Associates, P.C.



JERSEY BENSON First Western Bank & Trust



JASON BENTLEY Bremer Bank



LORIE BERG Minot Fire Department



MIA CAMARATA Minot Area Development Corporation



JESSICA DEMORY First International Bank & Trust United Community Bank of ND



LISA HIATT



KIMBERLY KELLER Ackerman-Estvold

THOMAS D. MOLLER

Affinity First Federal Credit

Union



KRISTEN KETTER Bremer Bank



BETHANY LEYRER Investors Real Estate Trust



KIM MASSINE The Village Family Service Center



TERRI PHILION Visit Minot

LACEY STEENSON Investors Real Estate Trust



Hyatt House - Minot



RYAN QUARNE Olson & Burns, P.C.



KYLE STEPHENS First International Bank & Trust



JACKIE WINCZEWSKI GEM Federal Credit Union



LOGAN MUELLER Bremer Bank



ASHLEY SCHMALTZ Dacotah Bank



MIKE NASON Ward County Sheriff's Office



LORENA STARKEY Hyatt House - Minot



Tuesday, December $15 \cdot 5 - 7 p.m$. Ryan Chevrolet: 1800 South Broadway



MINOT AREA CHAMBER OF COMMERCE









EAGLE AWARDS

The Eagle Award winners were recognized in October and thanked for superior customer service skills. If you would like to nominate someone for outstanding customer service, please call the Chamber at 852-6000 for a nomination form, or visit the website at <u>minotchamber.org</u>. A special thank you goes out to **Homesteaders Restaurant** and **Rainbow Photo Lab** for providing gift certificates for each Eagle recipient.



TRACY WALLSTRUM Easter Seals Goodwill of ND



ALEX OSVOLD Staples



CECILIA HAMAN McDonald's - Dakota Square



COURTNEY SCHALL *Trinity Pediatrics Unit*



DAVE LIMKE Paradiso



DEB GRANDY Burlington Elementary School



KYLE MICKELSON *Future Builders*



MARK OLSON Trinity Pediatrics Unit



NICK MARSDEN Niess Impressions



NICOLE BRASFIELD Ward County Sheriff's Department



RORY SCHELL Val's Cyclery



SHERIE REIMCHE Keycare Pharmacy

MAFB Cookie Drive seeks volunteer bakers

The Minot AFB Airman Cookie Drive will take place Dec. 7-10, 2015, with the cookies being packaged and delivered on Dec. 11.

The Minot Area Chamber of Commerce will once again play host as the cookie collection site during those dates. If you have questions, please call the Chamber at 852-6000 or Gene Brandt, Minot Officers Spouses Club and Airmen Cookie Drive chair, at 719-433-2880.

Heartland Ag Showcase set for Nov. 17-18

There's a new farm show in town and it's all happening this November. Yes, November. The Heartland Ag Show will be held Nov. 17-18 at the North Dakota State Fair Center.

Over the years, the prime agriculture purchase season has begun to shift to the last quarter of the year. The show will be held at the North Dakota State Fair Center, located at 2005 Burdick Expressway East in Minot. Convenience, familiarity, ample parking, and easy entry make this a prime location for visitors and exhibitors.

Vendors from all around have been strategically situated in the booths to showcase their tractors, balers, seed, fertilizers, and chemicals. They're ready to teach about the latest technology or method to make farming the most profitable it's ever been. Want to cut time in the field? There's a solution at this show. Want to have a better bottom line? There's a solution at this show. Anything farm-related is at this show, and you don't want to miss it.

In addition to products, you'll also gain a world of knowledge from the 90-minute seminars on topics such as precision ag, marketing, tax planning, and farm and ranch estate transfer planning. Be sure to check out the schedule so you don't miss out on an opportunity.

Be sure to take a stroll through the boutique area next to the upstairs concessions. Here, you'll find jewelry, clothing, makeup, and other gifts and accessories that are sure to make the shopper in you happy.

After the show on Tuesday, take a short drive

over to the Minot Municipal Auditorium where Parmalee will be performing. Doors open at 6:30. Tickets are available for purchase at www.HeartlandAgShowcase.com.

Get a great rate from the event's official hotel, the Grand Hotel, just by mentioning that you want the "Heartland Ag Showcase" discount. Visit Tuesday's show, go to the concert, stay overnight at the Grand, then come back for day two of the show. It doesn't get any easier than that!

For more information, visit the website at www.heartlandagshowcase.com, or contact Gregg Schaefer at 822-2719 or event@farmshowminot.com.

RIBBON CUTTINGS

If you know of a business that's new to town or is having a milestone, like a renovation or addition, contact Carla at 857-8205 to schedule a ribbon cutting.



Velva Gooseneck Implement: 1498 Highway 52 West • Velva, ND 58790 • 701-338-2828 • 866-229-1572 • www/GooseneckImplement.com Stockholder Investors Ambassadors helped celebrate the grand opening of the new Gooseneck Implement facilities in Velva. Gooseneck is committed to loyal John

Ambassadors helped celebrate the grand opening of the new Gooseneck Implement facilities in verva. Gooseneck is committed to loyal John Deere customers across this trade area. The efficient new facility was built to provide even stronger customer support in the years to come.



Woodland Trail: Located off the Highway 52 Bypass between Capital RV and Dakota Bark Park • 857-4136 www.minotparks.com• Minot Park District

The new trail is a 3/4 mile looped aggregate trail which provides great access for birders, shoreline or seasonal pier fishing, or just outdoor enthusiasts. Community partners that funded the project include the Outdoor Heritage Fund (managed by the Industrial Commission) and the Minot Area Community Foundation.



Northland Pace: 2700 8th St. NW • Minot, ND • 857-8045 • Northland Healthcare Alliance

Tim Cox, CEO • Mitch Leup, COO and Executive Director of Northland PACE • Stephanie Burt, Site Manager of Minot PACE Northland Pace serves seniors over 55 years of age who are at risk for nursing home care, but wish to remain in their homes by providing allinclusive healthcare services.

MINOT AREA CHAMBER OF COMMERCE

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55th Crossing Heartland: The Chamber's Ambassadors and Lt. Gov. Drew Wrigley helped the 55th Crossing Heartland neighborhood celebrate a ribbon cutting for the 530-acre master planned community that is home to the new Nedrose district middle and high school, the new Minot Fire station, the future site of Gymagic Gymnastic center, as well as about a dozen single family homes.



CleanTech: 505 31st Ave. SW • Minot, ND • 839-8811 • Rilie Domres, Chelsea Kirkhammer, Darrik Trudell - Owners • www.cleantechllc.us Ambassadors celebrated the recent ownership change of CleanTech with a ribbon cutting. CleanTech is locally owned, serving Minot, Williston, Devils Lake and the surrounding areas and continues to provide a variety of cleaning and restoration services.



Roosevelt Park Zoo: 1219 Burdick Expressway East • Minot, ND • 857-4166 • www.rpzoo.com • Minot Park District The Ambassadors, Roosevelt Park Zoo staff, and Minot Park District staff celebrated the opening of the Aviary. This building gives new life to the original zoo facility, which was built in 1921.

MINOT AREA CHAMBER OF COMMERCE

RIBBON CUTTINGS

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 Fastlane Car Wash: 312 31st Ave. SW • Minot, ND • 839-9274 • www.fastlaneminot.com

 Danny, Diane, and Donny Schatz, Owners

 Ambassadors helped the Schatz family celebrate the opening of a new car wash. Fastlane Car Wash offers a full-service exterior wash, specializing in speed of service and high-tech equipment.



North Highland Apartments & Villas: 1250 27th Ave. NW • Minot, ND • 701-418-0100 Ambassadors helped celebrate the opening of North Highland Apartments & Villas. The luxury apartments feature private balconies and patios, modern interiors, underground parking, full-size washers and dryers, fully-equipped kitchens with stainless steel appliances, including a dishwasher, garbage disposal, and icemaker. Fully furnished units are also available.



MINOT AREA CHAMBER OF COMMERCE

MEMBER BUSINESS BRIEFS

Girl Scouts – Dakota Horizons announces addition to executive team

Girl Scouts-Dakota Horizons, the premier leadership organization for girls throughout South Dakota, North Dakota, thirteen counties in Minnesota and one county in Iowa, has hired Marla Meyer as chief executive officer. She assumed responsibilities Oct. 5, 2015 and suc-



ceeds Dr. Cynder Sinclair who has served as Interim CEO since April of this year. pitch

A seasoned executive, Mever joins Girl Scouts-Dakota Horizons with more than 15 years' experience at the forefront of sales, marketing and service leadership

across the United States and Canada. At Girl Scouts-Dakota Horizons, Marla will have responsibility to lead the council in providing Girl Scout's programming which helps girls become leaders and builds courage, confidence and character through hands-on, girl-lead and cooperative learning activities. All programs and events, from camping to computing, arts to engineering, service projects to field trips, are designed to challenge and prepare girls for a future of leadership achievement.

"I am completely energized and grateful for the opportunity to lead this organization. community collaborations to Fostering build tomorrow's leaders, seeking new partnerships to diversify our funding and ensuring Girl Scouting remains relevant for the next generation is an exciting challenge," Meyer said. "Keeping the Girl Scout Mission, Promise, and Law front and center in everything we do ensures strong support and visibility in the communities we serve and makes certain we are there to aid girls in their development in a fun, engaging manner."

Meyer holds an MBA in Marketing from the Craig School of Business, California State University and a Bachelor of Science Degree in Marketing and Management from Minnesota State University. Most recently Meyer was a Strategic Management Consultant with Sumption & Wyland. In the previous 15 years she held various executive leadership positions with Sears Holding Corporation and PepsiCo/Pepsi Beverages Company.

Girl Scouts-Dakota Horizons Board President Susan Wefald said, "In Marla we have found a strong leader who understands what it takes to revitalize our organization. Her professional strengths are the qualities we need right now: developing strategy, growing partnerships, developing talents and supporting volunteers."

Eagle Park renovation receives grant

The Minot Area Community Foundation in conjunction with the Minot Young Professionals



to Minot's Eagle Park, which was damaged in the 2011 Flood, won the top prize in the amount of \$4,782.12.

A check presentation to Eagle Park and Gwen Szablewski, who made the pitch for Eagle Park at Magic60, was held at the Minot Area Foundation, 606 Community Burdick Expressway West, in October.

Magic City Discovery Center soon open

The Magic City Discovery Center will open 2015-2016 season to the public its on Wednesday, Nov. 4. Some favorite exhibits from last year, including the geoboard, cockpit simulator, and wind tunnel, will be back. "Get The Message", a communication exhibit, will also be showcased, as will Po-Motion interactive floor games, Whoosh, and a giant Light Bright.

For more information or to volunteer, please contact Natasha Christianson at 848-6883 or njchristianson@hotmail.com.

Be sure to watch the Facebook page (search Magic City Discovery Center) for fun events and special offerings happening this season. See you at the Magic City Discovery Center!

Minot Winnelson part of the 2015 Supply House of the Year

Minot Winnelson, a wholesale distributor of plumbing, and heating and air conditioning equipment and supplies, is proud to be part of Winsupply, which has earned a national honor. Supply House Times magazine has named Winsupply its 2015 Supply House of the Year. Winsupply is one of the largest distributors in the nation.

Supply House Times magazine wrote: "Winsupply's unique local ownership business model fosters an environment where its owners, employees and customers can thrive. This commitment to helping people, along with being good industry citizens, were key factors in Winsupply being named our 2015 Supply House of the Year."

Minot Winnelson President Bob Rodgers said his company's success comes from this unique shared-ownership business model. "As an entrepreneur, I own substantial equity in Minot Winnelson while drawing on the resources and support of a \$2.5 billion company, Winsupply. My customers enjoy an owner-to-owner relationship and our team has an unrelenting desire to serve our customers with supplies and equipment, when and where they need them. We're honored to be recognized with this prestigious recognition."

Minot Winnelson is located at 3400 North Broadway in Minot. http://www.minotwinnelson.com/.

Startup Weekend – Minot announces November event

The Startup Weekend - Minot planning team is happy to announce the first Startup Weekend event in Minot. The goal is to create an environment where passionate people can come together to get things done; to learn, network, bridge the gap between trades, expose potential, and see actual results.

Startup Weekend has held 2,000+ events in 135+ countries around the world, and the Startup Weekend - Minot planning team is looking forward to making a big dent in our community. The Severson Entrepreneurship Academy at Minot State University is very proud to be an event partner to encourage this type of innovative collaboration.

Startup Weekend - Minot will be held Nov. 20-22, with a confirmed venue of Minot State University. Beginning with opening mic pitches on Friday, attendees will bring their best ideas and inspire others to join their team. Over Saturday and Sunday, teams focus on customer development, validating their ideas, practicing LEAN Startup Methodologies, and building a minimal viable product. On Sunday evening, teams demo their prototypes and receive valuable feedback from a panel of experts. Our participant count is expected to be around 75.

To participate in Startup Weekend - Minot and pitch your great business idea or learn with other entrepreneurs. budding head to http://minot.up.co/events/6429 to purchase your tickets. Early bird and student discounts are available.

Ackerman-Estvold welcomes Antonio Conti as senior civil engineer

Antonio Conti, PE, PLS, has joined the Ackerman-Estvold Minot office as a senior civil engineer. Conti graduated from Il University of Rome, Tor Vergata, Italy, where he earned a bachelor of science degree in manage-



Antonio Conti

ment engineering. Conti is a professional engineer and professional land surveyor with over 20 years of experience in the field of civil engineering. He has joined the municipal team and will provide engineering expertise to public entities throughout the region.

Member Business Briefs

Coauette joins Karvakko Engineering

Karvakko Engineering is excited to announce that Amber Coauette has accepted the position of business manager. Coauette is a

certified public accountant and received her bachelor of accountancy from the University of North Dakota.



"As our firm is experiencing growth, we started to look for a key player who would keep us on task *Amber Coauette*

with annual goals, and strategize for the future. Once we met with Amber we knew the position was made for her skills and personality. We look forward to watching her grow in this position," stated Karvakko Engineering president, Mike Karvakko. Karvakko Engineering is headquartered in Bemidji, Minnesota, with branch offices in Minot, North Dakota and Chassell, Michigan. The firm provides engineering, surveying, planning, and landscape architecture services throughout the upper Midwest, specializing in the aviation, municipal, energy, and transportation industries. Additionally, Karvakko Engineering has a sister-company, RRA, formerly Richard Rude Architectural, who has been offering architectural services to the Bemidji community for nearly 30 years.

Marco named best workplace by Great Place to Work®

Marco was named by Great Place to Work® as one of the best small and medium workplaces in the U.S. on the 2015 Best Small & Medium Workplaces list, published in Fortune magazine. Ranked #14, this is the second consecutive year Marco has received this honor. Divided into Small (25-250 employees) and Medium (251-999 employees) categories, the list has recognized companies with exceptional workplace cultures for the past 11 years.

Competing against hundreds of companies across the country, Marco participated in a rigorous selection process, which included an employee survey and an in-depth questionnaire about benefits programs and company practices. Great Place to Work® evaluates each application using its unique methodology based on five dimensions of a great workplace: credibility, respect, fairness, pride and camaraderie.

In compiling the list, Great Place to Work[®] has found that employees believe they work for great organizations when they consistently trust the people they work for, have pride in what they do and enjoy the people they work with.

Organizations named on the list see many

benefits that include better financial performance, less employee turnover, higher levels of customer satisfaction and loyalty, more innovative and creative thinking, higher productivity and enhanced public perception.

To see the 2015 Best Small & Medium Workplaces list and to learn more about how to build a high-trust workplace culture, visit www.greatplacetowork.com. To learn more about Marco, visit marconet.com.

Marco has also been recognized by Great Place to Work® and Fortune as one of the 100 Best Workplaces for Women. This honor is exceptionally notable because the recognition is based on women's own assessments of the quality and fairness of our workplace.

The 100 Best Workplaces for Women ranking is one of a series of rankings by Great Place to Work® and Fortune based upon employee feedback. Marco was ranked #79.

Marco and the 99 other winning companies were selected based on evaluations by over 135,600 female employees on Great Place to Work's Trust Index[®] employee survey. Women considered everything from the fairness of their company's promotions, to who has access to information and leadership, the level of support for employees' personal lives, and the degree of inclusiveness and connection they feel with colleagues. Scores also take into account how well-represented women are within the workforce, management and executive positions; how positively women experience their workplace's fairness; and how favorable women's experiences are compared to the 138,000 men also surveyed.

Trinity Health launches new mobile app

Finding a medical provider and accessing health information just got easier thanks to a new mobile application recently launched by Trinity Health. The Trinity Mobile App, adapted for iPhone and Android devices, gives mobile-device users a tool to connect with Trinity services and providers with just a tap of the finger.

"Mobile devices have become ubiquitous – they're part of our everyday lives," said Jason Nichols, web developer and web content strategist for Trinity Health. "After launching our online patient portal last year we explored adapting the same concept to a mobile platform to make it even easier for people to access their healthcare information and other resources no matter where they are." Nichols added that Trinity Health plans to build out its application with more value-added features to help users better manage their health.

The new app, produced by Trinity's IT Department in partnership with Network Center, Inc., is available now. With the new app people can:

- Search for a provider or office location
- Gain access to contact numbers for specialists and pharmacies
- Access the MyTrinity Health eConnect Patient Portal, where patients can review information contained in their medical record, request prescription refills, communicate with members of their care team in secure messaging, and more
- View Trinity's online nursery, Baby Bytes

The mobile app is just the latest instance of Trinity maintaining its status as a leader in healthcare IT. In July, for the seventh time in recent years Trinity Health was named one of the nation's Most Wired health systems by Health & Hospitals Network magazine. For information on how to download, visit: http://www.trinityhealth.org/mobile.

For more information, contact Mary Muhlbradt, Trinity Health, at 857-5116 or 833-3341.



Jason Nichols, web developer and web content strategist for Trinity Health, displays the newly developed app.

Scheels sponsors Fashion for a Fight

Join Scheels for Fashion for a Fight sponsored by UPS Sunday, Nov. 8 from 7 to 9 p.m. It will be a night of exclusive shopping experience for the community. Scheels will showcase new product lines for the season and offer customers hot buy deals that are only available at the event. Guests will enjoy catering and refreshments while they shop and mingle with health and wellness vendors from around the Minot community.

The first 100 ladies in the door will receive a free swag bag valued at over \$20, and all attendees will have a chance to win door prizes equaling a total of over \$1,200.

Scheels is donating all of the ticket sale proceeds to the Minot Cancer Center, so you can cash in on the hot deals while giving to a great cause. Cost is \$10 per ticket, and all participants receive a \$10 SCHEELS gift card at the event with ticket purchase. The event is limited to 150 female participants. Preregister by purchasing tickets at Scheels Customer Service or through any cashier.

Member Business Briefs

U.S. Snowboard Team enlists Trinity Health physician

Dr. Dawn Mattern already serves as team physician for Minot State University and many area high schools. She soon may be adding "ski and snowboard doctor" to her list of accomplishments.

The board certified sports medicine specialist for Trinity Health recently returned from New Zealand, where she provided physician coverage to members of the U.S. Ski and Snowboard team.

"I was taking care of the U.S. Halfpipe Snowboard Team at its training camp in Cardrona, New Zealand," Dr. Mattern said. "I'm in the process of becoming a physician for U.S. Ski and Snowboard teams and will have another opportunity to cover the Nordic Combined team while competing in Finland in November."

U.S. Ski and Snowboard Association maintains a pool of physicians who volunteer their time to provide medical services to the athletes. Team physicians serve as a primary resource regarding medical issues relating to an athlete's ability to train or compete. They also provide recommendations regarding evaluation and treatment for athletes who are injured.

The reason the team traveled such a long distance to train is that Cardrona is renowned for having a world class halfpipe facility.

For more information, contact Mary Muhlbradt, Trinity Health, at 833-3341.

MSU receives grant to support students with intellectual disabilities

The North Dakota Center for Persons with Disabilities, a Center of Excellence at Minot State University, has been awarded a \$289,518 grant from the U.S. Department of Education-Office of Post-Secondary Education under the Transition and Postsecondary Education Programs for Students with Intellectual Disabilities to support the Advancing Students Toward Education and Employment Program (ASTEP). ASTEP will help young adults with intellectual disabilities, living in rural communities, transition into post-secondary education, resulting in improved employment opportunities and greater life skills and self-determination.

"Today's grant will support better outcomes for our state's youth who live with intellectual disabilities and help them to have a higher quality of life and more independence," Senator John Hoeven said. Amy Armstrong, project director, indicated the new grant will build on the previous ASTEP program, funded from 2010-2015 at MSU.

"This new funding will enable the ASTEP program to build on and enhance program services, coordination, recruitment and program sustainability," Armstrong said. "ASTEP will provide a robust post-secondary education program that is responsive to the needs of youth with ID living in North Dakota's rural communities and in the Great Plains region." ASTEP will comprise inclusive college course work, career development, self-determination, independent living and pre-employment skills training and campus inclusion. NDCPD anticipates the grant will be funded for a total of five years with a cumulative budget of approximately \$1.5 million through the year 2020.

For questions, contact Armstrong at amy.armstrong@minotstateu.edu or 800-233-1737.



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MINOT AREA CHAMBER OF COMMERCE

Member Business Briefs

Veterans honored at MSU

Minot State University's Veterans Center will recognize veterans during Veterans Awareness Week (Nov. 4-10). There will be a ribbon-cutting ceremony and open house to celebrate the new MSU Veterans Center, and the center is bringing in speakers and representatives from veteran agencies and service organizations to share information with student-veterans.

"The Veterans Center is proud to increase awareness of, and appreciation for, current and past Armed Service members who at one time in their lives wrote a blank check payable to 'The United States of America,' for an amount of 'up to and including their life,'" said Andy Heitkamp, Veterans Center director.

Activities, in the Westlie Room, second floor of the Student Center, unless designated otherwise, include:

- Wednesday (Nov. 4), noon-2 p.m.: MSU Veterans Center open house, Dakota Hall
- Wednesday (Nov. 4), 1 p.m.: Minot Area Chamber of Commerce ribbon cutting with remarks by MSU President Steven Shirley, Dakota Hall
- Thursday (Nov. 5), 11:30 a.m.-12:30 p.m.: Jared Klempel, North Dakota National Guard suicide prevention coordinator
- Friday (Nov. 6) 1:30-2:30 p.m.: Kirsten Hanson, Fargo VA Hospital certified rehabilitation counselor, will present "Combat Veterans and Higher Education: helping student veterans with Post Traumatic Stress Disorder Achieve Academic Success."
- Friday (Nov. 6), 7 pm.: Actors from the Greater Grand Forks Community Theatre will perform "Warrior Words," monologues written by veterans of U.S. wars in writing workshops held in Minot, Grand Forks, Bismarck and Dickinson. The event is free and open to the public. Parking on campus is unrestricted for this performance. The workshops were funded in part by the North Dakota Humanities Council, a nonprofit, independent state partner of the National Endowment for the Humanities. Additional support comes from the MSU College of Arts and Sciences and the Greater Grand Forks Community Theatre. For questions, contact Conrad Davidson, College of Arts and Sciences dean, at Conrad.davidson @minotstateu.edu, or 858-3159.
- Monday (Nov. 9), 8:45-9:15 a.m.: Native American Sunrise Ceremony in the MSU Quad.
- Monday (Nov. 9), 11:30 a.m.-12:30 p.m.: DiNell Polsfut, MSW, LCSW, social worker, Minot Vet Center, will present "Adjusting to civilian university education"

from a female veteran's point of view."Tuesday (Nov. 10), 11:15-11:45 a.m.: Daniel

- Haff and Dakota Brekhus, MSU student veterans, will present "Adjusting to civilian university education from a male veteran's point of view."
- Tuesday (Nov. 10), 1:15-2:15 p.m.: Margo Norton, Susan Thompson, Jack Klugh, chief chaplain, all from the Fargo VA hospital, will present "Post Traumatic Stress Disorder (PTSD) and available treatments."
- Tuesday (Nov. 10), 2:30-3:30 p.m.: Norton, Thompson and Klugh will present "Moral Injury and Military Sexual Trauma."

For more information, contact Heitkamp at 858-4002 or andy.heitkamp@minotstateu.edu.

Homeless Coalition sponsors 10th annual fundraising banquet

The Minot Area Homeless Coalition, Inc. will hold its 10th annual Banquet and Fundraiser Thursday, Nov. 5 at the Grand Hotel. A social hour will begin at 6 p.m., followed by a buffet dinner at 7 p.m. A silent auction will be held from 6 to 8 p.m.

The auction will include signed celebrity memorabilia from Ashton Kutcher, Melissa McCarthy, Vince Vaughn, Charlie Sheen, Ralph Fiennes, and William DaFoe. Baskets offer an opportunity to get a jump on holiday shopping and include children's packages, specialty items, local art and handmade items, holiday baskets, gift certificates, salon baskets, antiques, quilts, plus more. Some of the sponsors for silent auction items include Delta Vacations, Northern Tier Federal Credit Union, Jessen Roofing, Minot State University, and many more. The Homeless Coalition is making a difference today, not tomorrow, fighting for those in need. The coalition, partially grant funded by the Souris Valley United Way and St. Joseph's Community Health Foundation, serves those in need in the counties of Bottineau, Burke, McHenry, Pierce, Renville, and Ward. For more information, call 852-6300.

Minot Forestry Department receives 2015 Trees Award

Representing the Minot City Forestry Department, Colette Broe and Brian Johnson accepted the 2015 "Tree Celebration" Trees Award at the Trees Bowl and Awards Ceremony held in Fargo in September. Nominations were received from across the state, and the award winners were recognized by the North Dakota Forest Service and North Dakota State University.

Since the 2011 flood waters receded, the Minot Forestry Department has made remarkable strides toward recovery and lasting, sustainable tree improvements to Minot's parks. In Roosevelt Park alone, 250 trees and 116 shrubs were artfully arranged throughout the park into inviting landscapes.

During the awards ceremony, NDSU President Dea Bresciani and State Forester Larry Kotchman presented each winner with a special Trees Awards plaque and limited edition Centennial Trees print. The award winners were also invited to a ceremonial tree planting, provided a noon luncheon, and recognized on the field during the NDSU half-time activities at the winning Trees Bowl football game in the Fargodome.



From left to right: NDSU President Dean Bresciani, City of Minot Forester Brian Johnson, City of Minot Assistant Forester Colette Broe, and State Forester Larry Kotchman.



250 people enjoyed a great time at the annual Y's Men's Rodeo Business After Hours as they served delicious food, had great prizes and, of course, put on the best rodeo around.

THE CHAMBER OF COMMERCE'S COMMUNITY LEADERSHIP INSTITUTE PRESENTS:

CHALLENGE



The Souris Valley Animal Shelter and Minot Chamber of Commerce's Community Leadership Institute (CLI) are teaming up to see which service group or business is Minot's Top Dog!

MONDAY, NOVEMBER 2ND • 1:00 PM - 3:00 PM •

Drop off donations at the Souris Valley Animal Shelter (1965 20th Ave SE) on Monday, Nov. 2nd between 1:00 PM - 3:00 PM. The business with the most donations will be awarded the Top Dog trophy on Nov. 7th!

Suggested Donations

- Cat Litter Non Clumping
- Cat Toys
- Cat Food Canned & Dry
- Cat Trees/Scratch Boards
- Rawhide Chews
- Dog Treats
 Dog Toys
- Leashes
- Trash Bags
- Kleenex
- MOONOX
- Plastic Bags
- Pine Sol, 409, Bleach, Ect.
- Dish & Hand Soap
- Toilet Paper
- Paper Towels

Monetary donations can be made at www.svaspets.com



MINOT AREA CHAMBER OF COMMERCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2 Right Start FTAC Presentation, 9:45 a.m., MAFB	3 First Dollar of Profit Presentations, 10 a.m., Various locations	4 Ribbon Cutting, 1 p.m., Veteran's Education Center, Minot State University	5 CLI - Final Session, 8 a.m., Grand Hotel CLI - Graduation, Noon, Grand Hotel Military Affairs Committee, Noon, MAFB	6 Ambassadors Committee, 7:30 a.m., Minot Public School Administration Building	7
	9	10 Right Start Presentation, 10 a.m., MAFB Eagle Awards Presentation, 10 a.m., Chamber office	11 Junior Achievement Committee, Noon, Chamber office	12 Ribbon Cutting, 2 p.m., Taco John's, 623 North Broadway Ribbon Cutting, 4 p.m., BHI, 6008 Hwy. 2 East, Suite 300	13 Infrastructure Committee, 7:30 a.m., Homesteaders Restaurant Ribbon Cutting, 1 p.m., Edgewood Senior Living Memory Care, 800 16th Ave. SE	14
5	16 Right Start FTAC Presentation, 9:45 a.m., MAFB	17 Board of Directors, 7:30 a.m., Grand Hotel	18	19 Energy Committee, 11:30 a.m., Vegas Motel Showcase of Business, 5 to 8 p.m., ND State Fair Center Magic Place	20 Governmental Affairs Committee, 11:30 a.m., Vegas Motel	21
2	23	24	25 Right Start Presentation, 10 a.m., MAFB	26 Thanksgiving Day Office closed	27	28
9	30 Right Start FTAC Presentation, 9:45 a.m., MAFB					