

## Members proposed for Chamber board



**Cathy Tweten**  
Dakota Square



**Doug Hollingsworth**  
Northern Tier Federal  
Credit Union



**Rob Buchholz**  
Lowe's Printing, Inc.



**Dustin Wald**  
Magic City Beverage



**Randy Schwan**  
Trinity Health

Nominees have been proposed for three-year terms on the Minot Area Chamber of Commerce Board of Directors beginning Oct. 1, 2014. They are **Cathy Tweten** (Dakota Square), **Doug Hollingsworth** (Northern Tier Federal Credit Union), **Rob Buchholz** (Lowe's Printing, Inc.), **Dustin Wald** (Magic City Beverage), and **Randy Schwan** (Trinity Health).

As assistant general manager at Dakota Square, Tweten is a Minot native who has worked in retail for the past 16 years and for Dakota Square's owner, CBL & Associates, since 2012. Although ownership of the mall has changed many times, she has worked in leasing and management for most of her years in

the industry.

She is a past graduate of the Chamber's Community Leadership Institute, has been involved with Artfest for many years, and is an active participant and contributor to local events.

Tweten has three children: Christopher, Calli, and Carly.

Hollingsworth is vice president and chief operating officer at Northern Tier Federal Credit Union. Originally from Pennsylvania, he came to the area via the U.S. Air Force and retired in Minot in 2006 after 24 years of military service. He holds multiple

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## Register your volunteer team for A Magic Day of Giving

A Magic Day of Giving, scheduled for Friday, Sept. 19, will be the largest volunteer coordinated community service event in the history of the Minot area.

Volunteer teams of all ages and all walks of life — including businesses, service clubs, and organizations — are invited to get involved by signing up and completing their own chosen community service project or by completing a project that has been submitted by the community. Volunteers will spend up to two hours raking, painting, washing windows, helping nursing home residents, or improving local parks and more in an effort

to give back to the Magic City. Members of the community are invited to submit possible projects on behalf of a civic, religious, or non-profit organization.

A kick off and closing celebration will take place at Oak Park. Volunteers will then complete their projects throughout the day.

Visit A Magic Day of Giving online at [www.EngagingForImpact.org](http://www.EngagingForImpact.org) to sign up a volunteer team or to submit a project idea. Follow the event on Facebook at [www.facebook.com/engagingforimpact](http://www.facebook.com/engagingforimpact).

## BUSINESS AFTER HOURS: HIGHT CONSTRUCTION .....

21 2nd Street NE • Minot

**Thursday, Sept. 11 • 5 – 7 p.m.**

*This is an opportunity to network with potential and established clients in a social, fun atmosphere. Enjoy hors d'oeuvres and a chance to win prizes, as well as \$500 in Chamber Bucks! If winner is not present, \$50 in Chamber Bucks is guaranteed. (Must be present to win) \$5 charge at the door*



## MINOT AREA CHAMBER of COMMERCE COMMUNICATOR

P.O. Box 940 • Minot, ND 58702 • 852-6000

chamber@minotchamber.org

minotchamber.org

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### MINOT AREA CHAMBER OF COMMERCE BOARD

#### MEMBERS:

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(Verendrye Electric Cooperative) .....852-0406  
Alan Estvold **Chair Elect**  
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Duane Poynter **Vice Chair**  
(Poynter Ag Supply) .....624-5315  
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Jonn Knecht (American Bank Center)  
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Minot Realty) **Past Chair** .....852-0136  
Jeremy Becker (SRT Communications, Inc.).....858-1200  
Rob Buchholz (Lowe's Printing) .....852-1211  
Dave Bussard (Staybridge Suites) .....852-0852  
John Coughlin  
(Coughlin Construction & Development) .....852-3401  
Maria Effertz Hanson (Black Butte Communications &  
Consulting).....626-2226  
Katie Harsaager (Enbridge) .....857-0800  
Doug Hollingsworth (Northern Tier Federal  
Credit Union).....727-6111, Ext. 116  
Linda Johnson (Home Sweet Home).....852-5604  
Fred Lien (Lien's Jewelry) .....838-5151  
Jessica Merchant (Olson & Burns, P.C.).....839-1740  
Chad Schmidt (10 North Main) .....837-1010  
Randy Schwan (Trinity Health) .....857-5635  
Cathy Tweten (Dakota Square) .....839-7500  
Dusty Wald (Magic City Beverage).....852-4031

## NEW MEMBERS.....

The Minot Chamber welcomes new members. Join us in thanking **Body Brite Minot** and **Fed Ex Office**. Please let them know how much of a value they are to our community.

### BODY BRITE MINOT

319 3rd St. NW, Suite B • Minot, ND • 838-BODY (2639) • Fax: 838-2601

Dawn Berg, Owner (720-3971)

Email: dawnberg@srt.com • Website: www.bodybriteusa.com

BodyBrite of Minot offers affordable hair removal with permanent results as well as other luxury services at amazing prices, including skin rejuvenation, oxygen facials, teeth whitening, and more.

### FED EX OFFICE

3220 South Broadway • Minot, ND • 852-7183 • Fax: 852-7169

Ryan Romine, Center Manager

Email: ryan.romine@fedex.com • Website: www.fedexkinkos.com

FedEx has a brand new office conveniently located for all of your printing, packing, shipping, and package holding needs. The new FedEx office can hold packages free for seven days.



## Military Affairs Committee

## Military Day at the Zoo

set for Aug. 22

Roosevelt Park Zoo • 10 a.m. – 8 p.m.

Free for Active & Retired Military Members and Families:

Zoo Admission • Pool Access (if open) • Meal

chamber@minotchamber.org • 852-6000



## MAC golf tourney set for Aug. 25

Vardon Golf Course

11 a.m. Registration • Noon: shotgun start

Prizes awarded



## RENEWALS.....

The Chamber extends a big "THANK YOU" to our members who have renewed their membership June 23 through July 17, 2014. Your continued support helps your Chamber promote the business community and do the work seen in the pages of this newsletter.

A & B Tours, LLC  
AFLAC - Cassie Loard  
Cellular Communications, Inc.  
Coldwell Banker-1st Minot Realty  
& Management  
Country Inn & Suites  
Crown Corporate Housing  
Dakota Boys and Girls Ranch  
EAPC Architects Engineers  
Evergreen Neighborhood  
Development  
First Choice Physical Therapy,  
Inc.  
First Western Insurance  
Grand Hotel  
Greater Northwest Publishing, Inc.  
Senator John Hoeven's office

Huettl Consulting, Ltd  
ICON Architectural Group  
Independence, Inc.  
KeyCare Medical  
Krabseth, Blake -  
Comedian/Magician  
Larson Law Firm, P.C.  
Lutheran Social Services of ND  
Magic City RV  
ManorCare Health Services  
Margie's Art Glass Studio  
McGee, Hankla, Backes &  
Dobrovolsky, P.C.  
Mouse River Players Community  
Theatre  
My Place Hotel  
North Hill Properties, LLC

Pinkerton Animal Hospital  
Poynter's Ag Supply  
Roosevelt Park Zoo/Minot Zoo  
Crew  
S & S Promotional Group  
Sammy's Pizza Pasta & Chicken  
Sherwin-Williams Company  
Slumberland/Tollefson's  
Carpetland/Carpet Garage  
Snap Fitness  
SOS Image  
Taco John's  
TLC-Minot  
Total Workforce Solutions  
US Bank  
West Oaks Animal Hospital  
Wilbur Ellis Company

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degrees in logistics, human resources, and management, and is currently enrolled in the master of science in management program at Minot State University.

Hollingsworth has over 20 years of logistics and management experience, four years as a recruiter, and nine years in finance. In the community, he has served as a sports official, and currently umpires softball for the Northern Sun Intercollegiate Conference.

He and his wife of 30+ years, Mindy, have three children: Beth and her husband TSgt Logan Zollman, Alan and his wife Jacqy, and Jon, as well as two granddaughters, Emalee and Audree.

Buchholz, a Minot native, is an accountant and part owner of Lowe's Printing. He has been involved in the Y's Men's Club for 25 years and served as Y's Men's Rodeo chairman in 2001. He also serves on the Board of Directors for both the YMCA and Y's Men's Club. Buchholz is married to Tricia and they have four boys: Max, Sam, Alex, and Jack.

Wald, a salesman at Magic City Beverage, was first appointed to the Chamber Board in 2011. He serves on the Minot Area Community Foundation Advisory Board. He also serves on the Board of Directors of the Green Acres Property Association and the Playground Committee, as well as being a volunteer coach for YMCA youth basketball. He and his wife Jill have two boys, and are members of Our

Lady of Grace church.

Schwan is a vice president at Trinity Health, where he has worked since 1995. A Minot native, he had a successful law enforcement career after graduating from Minot High School, serving with agencies in Minot and Williston.

He earned a bachelor's degree in marketing from Minot State University in 1993 and graduated in 1995 from the University of Minnesota's Carlson School of Business with a master's in business administration.

He is a past president of Minot's Sunrise Rotary, and serves on a number of boards for area nonprofit and church organizations. His family includes his wife of 33 years, Lynn, and their three grown children.

## ***Chamber's Agribusiness Committee sponsors events in July***

The Brag Up Ag Golf Scramble, held July 11 and sponsored by the Chamber's Agribusiness Committee, was a great success. Special thanks to

the following sponsors who support agribusiness in our community and make the event so successful.

American Bank Center  
Berthold Farmers Elevator  
Bremer Bank  
CHS-SunPrairie Grain  
Dakota Agronomy Partners  
Dacotah Bank  
Enerbase  
Farm Credit Services  
Farmers Union Oil Co. of Velva  
First International Bank & Trust  
First Western Bank & Trust  
Gooseneck Implement  
Green Ag Services, a Bourgault Dealer  
Mohall Cenex

Peoples State Bank of Velva and Minot  
Poynter's Ag Supply  
Prairie Federal Credit Union  
R & K Contractors  
Renville, McLean & Powers Lake  
Elevator Companies  
Town & Country Credit Union  
United Agronomy in Berthold  
United Community Bank  
Verendrye Electric Cooperative  
Ward County Crop Insurance  
Western Agency  
Wilbur Ellis Company



*Members of the Agribusiness Committee hosted a breakfast for livestock exhibitors and competitors at the North Dakota State Fair July 23.*

## ***SAVE THE DATE: CHAMBER ANNUAL MEETING***

***October 16 • 11:30 a.m. • Grand Hotel (1505 N. Broadway)***

***Speaker: Joel Noyes, Senior Manager Government Affairs, Hess Corporation***

## ***Community Leadership Institute set for this fall***

Twenty-three Chamber members are geared up to get a behind-the-scenes look at Minot as they take part in the 44th annual Community Leadership Institute (CLI). The nine-week course takes participants around the community to learn the ins and outs of Minot. The group will hear more on education, media, MAFB, economic development and more.

"This is a great course for newcomers to Minot so they can learn how to get involved," said Minot Area Chamber of Commerce Program Director Carla Dolan. "But I'm amazed at those who have lived here all their lives and take the course and learn so much as well."

CLI starts September 4 and runs through November 6. Students meet each Thursday morning except Sept. 25 at MAFB, which is all day.

There are two spots still available, so contact Carla at 857-8205 or email her at [carla@minotchamber.org](mailto:carla@minotchamber.org) to sign up today.

### **CLI Schedule**

*Schedule is subject to change*

**September 4:** Get to know each other (Roosevelt Park Zoo)  
**September 11:** Emergency Services (Minot Police Department)  
**September 18:** Leadership (Minot State University)  
**September 25:** MAFB  
**October 9:** Education (Erik Ramstad Middle School)  
**October 16:** Healthcare (Trinity Health)  
**October 23:** Media (various locations)  
**October 30:** Economic Development (Enbridge)  
**November 6:** Community Involvement (Holiday Inn)  
**November 6:** Graduation (Holiday Inn)





## FedEx Office

3220 South Broadway • Minot  
852-7183 • Fax: 852-7169  
Ryan Romine, Center Manager  
Email: [ryan.romine@fedex.com](mailto:ryan.romine@fedex.com)  
Website: [www.fedexkinkos.com](http://www.fedexkinkos.com)

*Ambassadors helped celebrate the opening of a new FedEx office on south Broadway. The new office location offers the same services as larger FedEx locations, such as packing and shipping, self- and full-service copying and printing and banner production. Hours are 7 a.m. to 8 p.m. Monday through Friday, and 8 a.m. to 5 p.m. Saturday.*



## Body Brite Minot

319 3rd St. NW, Suite B • Minot  
838-BODY (2639) • Fax: 838-2601  
Dawn Berg, Owner (720-3971)  
Email: [dawnberg@srt.com](mailto:dawnberg@srt.com)  
Website: [www.bodybriteusa.com](http://www.bodybriteusa.com)

*Ambassadors helped Body Brite of Minot celebrate the opening of a new store with a ribbon cutting. Body Brite offers affordable hair removal with permanent results as well as other luxury services at amazing prices, including skin rejuvenation, oxygen facials, teeth whitening, and more.*



## North Dakota State Fair

2005 Burdick Expressway East • Minot  
857-7620  
General Manager: Renae Korslien  
Website: [www.ndstatefair.com](http://www.ndstatefair.com)

*The Ambassadors and State Fair officials helped kick off the 2014 North Dakota State Fair with a ribbon cutting on Stage 7, which featured Wolves of the World.*

## EAGLE AWARDS

The Eagle Award winners were recognized in July and thanked for superior customer service skills. If you would like to nominate someone for outstanding customer service, please call the Chamber at 852-6000 for a nomination form, or visit the website at [minotchamber.org](http://minotchamber.org).

A special thank you goes out to **Homesteaders Restaurant** and **Rainbow Photo Lab** for providing gift certificates for each Eagle recipient.



**DALE BRAUN**  
Veterans Service Office



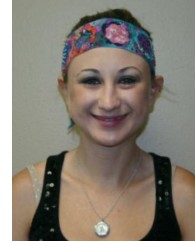
**JAMIE MOHUNDRO**  
Hyatt House Minot



**MARK MATHIESON**  
Boston's Plumbing & Heating



**SHERYL HEISLER**  
Edgewood Vista



**KYRA HANSEN**  
Rainbow Photo Lab



**DARLEEN HIGGINS**  
Trinity Business Services

## 8th annual Rock the Leaves music festival begins Aug. 15

8th annual Rock the Leaves music festival coming August 2014

Rock the Leaves, a yearly benefit concert featuring both locally- and nationally-renowned performers, is slated for Aug. 15-17. The first day, Friday, Aug. 15, will take place at the Minot Municipal Auditorium. The last two days, Saturday, Aug. 16 and Sunday, Aug. 17, will take place at the Scandinavian Heritage Park. The event usually takes place in Minot's Oak Park, but due to the devastating 2011 Mouse River flood, it moved to the Scandinavian Heritage Park; it will return home in August of 2015.

"Our goal all along was to put on a concert that would appeal to the masses and help people at the same time. This has become even more relevant now considering the current situation," said Dan Hansen, event organizer. "The event has really become a community affair."

Previously, Rock the Leaves was completely funded by free-will donations. There will be an admission fee this year, however, due to the large acts performing.

The Greater Minot Youth Concert Association (GMYCA) will host a free steak feed Saturday, Aug. 16, while supplies last. In addition to free

food and music, participants of all ages can enjoy face painting, pictures with Queen Elsa from Frozen, and more.

In addition to GMYCA, CRU and Chi Alpha, two Minot State University student clubs, are helping with this event. A portion of the proceeds from the weekend will go to GMYCA, The Lords Cupboard and Feed My starving Children.

For more information, visit <http://rocktheleaves.com>, or contact Hansen at 833-6868 or [minotndconcerts@gmail.com](mailto:minotndconcerts@gmail.com).

## Taube Museum of Art calling artists for 2014 Artfest

Celebrate with theme artist, Pablo Picasso, the co-creator of the Cubist Movement, at Artfest 2014. This year's festival will be held Friday, Oct. 17, from 7 – 10 p.m. and Saturday, Oct. 18, from 10 a.m. to 5 p.m. at the State Fair Center, 2005 Burdick Expressway East, 4H Hall.

The Taube is very excited to offer an artistic opportunity in a creative atmosphere, and hope participants will be just as excited to play a part in continuing the tradition of celebrating art in the Minot community. The Taube extends a welcome to the return of long-standing artists, and

invite other artists to share their works with the community and surrounding area.

Artfest is a two-day festival, and has been held annually for over 33 years. It is designed to showcase the visual arts in an intimate environment where sales are the primary goal. Artists will sell and promote their works of art during the indoor fundraising event. This event is open to all artisans exhibiting work of original concept, design, and execution. Application deadline is Sept. 6, 2014.

New this year is the emerging artist category.

It is limited to three new, upcoming artists and the jury process will apply if more than three applications are received.

The Taube Museum of Art is proud to be able to bring this fundraiser to the Minot community; proceeds will benefit ongoing programming for the Taube Museum of Art.

For more information, please contact Nancy F. Walter, executive director at 838-4445, visit the website at [www.taubemuseum.org/artfest2013.htm](http://www.taubemuseum.org/artfest2013.htm), or look for the Taube on Facebook.

## "What This Place Needs" survey results reported

Souris Valley United Way has announced the results from the 'What This Place Needs' survey.

The community was asked to respond to four questions and prioritize the top five relevant issues which need immediate attention.

"We want to thank everyone who participated

in the survey," said Patricia Smith, SVUW executive director. "There is a lot of great information that we will share with many local organizations."

Board President Megan Grundstrom explained the importance of the survey to the United Way

Board. "Our next step is to review the information and determine how SVUW can work with local organizations and mobilize a lasting impact on the community."

For more information visit [www.svunitedway.com](http://www.svunitedway.com) or call 839-2994.

# *Motor Magic sponsors racing and motor three-day weekend*

The North Dakota State Fairgrounds will host Motor Magic, Labor Day weekend, Aug. 29-Aug. 31, 2014 in Minot. The largest motorsports event in the Upper Midwest, Motor Magic provides entertainment for auto enthusiasts of all ages.

Drag racing on the Magic City International Dragway at 5 p.m. will kick off the motor mayhem on Friday, Aug. 29, and will also have races starting at 10:30 a.m. on Aug. 30 and 31. An Enduro Race, provided by Nodak Speedway, will take place Friday evening at 7:30 p.m. in front of the North Dakota State Fair Grandstand. Other

weekend races include two nights of Nodak Speedway Racing on Saturday and Sunday, beginning at 5 p.m.

Motor enthusiasts can visit the Historic Military Vehicle Display, Paintable Doodle Van, the Rollover Simulator, and other events beginning at 10 a.m. Saturday and Sunday. The Dakota Cruisers Classic Car Show will also begin at 10 a.m. Saturday and Sunday.

Attendees can even bid on one of more than 100 Classic Cars at the Motor Magic Classic Car Auction, which takes place Sunday, Aug. 31. Viewing of the cars will begin at 8 a.m. Friday,

Saturday, and Sunday, with the auction beginning at 12:01 on Sunday. You can also view the cars online at [http://www.masternd.com/MM\\_Vehicles.php](http://www.masternd.com/MM_Vehicles.php).

For a full schedule of events, visit [www.motormagic.net/schedule](http://www.motormagic.net/schedule).

Admission to the North Dakota State Fairgrounds is free with major events priced separately. Take advantage of RV parking with electricity. For more information, visit [www.motormagic.net](http://www.motormagic.net) or call 857-7620.

## *Community fun planned for Downtown Festival on Main Aug. 23*

The annual Festival on Main will be held in Downtown Minot on Saturday, Aug. 23, 2014 from 10 a.m. until 5 p.m. The event is sponsored by the Downtown Business and Professional Association of Minot and Visit Minot. Activities include carnival games, inflatable games, Dakota Cruisers car show, bingo, and food and craft vendors. A new attraction this year is the Northern Outlaw Wrestlers. There will also be historic Minot video presentations at the Taube, local dance studio performances, FunTyme Karaoke, and Dizzy the Clown. Businesses along Main will also be having in-store events and sidewalk sales.

Vendor booth spaces are still available. Visit [www.DowntownMinot.com](http://www.DowntownMinot.com) to download a booth application, or contact Nancy at 838-4445 or Denise at 839-8928.

### *Street Dance*

There will be a street dance on Main following the Festival starting at 7 p.m. for those 21 and older. Guy and a Girl will be the opening act, followed by Soul Shine from 8:30 until 12:30 p.m.

### *5K Run*

Minot's IllumiNight 5K run will start at 9:14 p.m. on Main Street and 2nd Ave. To register for the run or for more information visit [illuminight5k.com](http://illuminight5k.com).

## *Social Security office releases OASDI beneficiaries publication*

The annual publication OASDI Beneficiaries by State and County (2013) has been released. From its preface:

"This annual publication focuses on the Social Security beneficiary population—people receiving Old-Age, Survivors, and Disability Insurance (OASDI) benefits—at the local level. It presents basic program data on the number and type of beneficiaries and the amount of benefits paid in

each state and county. It also shows the numbers of men and women aged 65 or older receiving benefits."

As of December 2013, 18.3 percent of the entire United States population received a Social Security retirement, survivors or disability benefit. Within North Dakota it was 17.1 percent, Minnesota 17.5 percent, South Dakota 19.3 percent and Montana 20.5 percent.

When looking up your state or county information, keep in mind that benefit amounts are shown in thousands of dollars.

For more information, please contact Howard I. Kossover, Public Affairs Specialist for ND & Western Minnesota, Social Security Administration, 402 DeMers Ave, Suite 300, Grand Forks ND 58201 or email <mailto:howard.kossover@ssa.gov>.



## MEMBER BUSINESS BRIEFS

### **Best, Tompkins promoted at Western Agency**

Jackie Best, former operations manager for Western Agency, an independent farm and commercial insurance agency headquartered in Minot, has been promoted to vice president of farm operations. Coiya Tompkins has joined the team as the agency's vice president of operations and marketing.

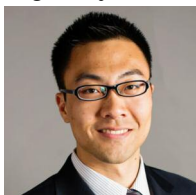
Bringing more than five years of insurance experience to her role, Best joined Western Agency in 2009 as a customer service representative. She quickly transitioned into leadership, overseeing a variety of agency operations and client support roles. In her new position, Jackie will direct account management and customer service for farm operations as well as assist in the development of new farm accounts. Best began her career in health care as a radiologic technologist at Trinity Medical Center in Minot. A native of Towner, she earned her degree from Minot State University in 1997.

"Jackie's extensive knowledge of our agency and her relationships with area farmers make her an ideal fit to lead our farm team and serve farmers and their families," said Ryon Boen, the agency's chief executive officer. "She has been instrumental in developing our farm business the past several years and her leadership in this area is important to our future growth."

Tompkins, a Minot native, returns to the Magic City after spending the past 16 years developing marketing, public relations and business development plans for a variety of industries including banking, health care and a Fortune 500 Mining and Metals company. In her last appointment, she served as Sun Health's vice president of corporate communications and public relations in Surprise, Ariz. She earned her bachelor of science degree from North Dakota State University in 1996 and her master's of business administration from the University of Phoenix in 2003.

"Coiya's corporate leadership background, human resources experience and strategic marketing and business development skills provide a solid foundation for her to oversee internal operations and marketing," Boen said. "We're excited to have her back and assisting in the long-range development of Western Agency."

### **Engineer joins Karvakko Engineering**



**Suyi Hou, E.I.T.**

Suyi Hou, E.I.T., has joined Karvakko Engineering's Minot office as a civil engineer. Hou has a bachelor's degree in civil engineering with a double emphasis in structural and

transportation from North Dakota State University. In addition, Hou holds certification from the North Dakota Department of Transportation in soil, aggregate and asphalt testing.

### **Staybridge Suites awarded TripAdvisor certificate of excellence**

Staybridge Suites Minot has received a TripAdvisor® Certificate of Excellence award. The accolade, which honors hospitality excellence, is given only to establishments that consistently achieve outstanding traveler reviews on TripAdvisor, and is extended to qualifying businesses worldwide. Establishments awarded the Certificate of Excellence are located all over the world and represent the upper echelon of businesses listed on the website.

When selecting Certificate of Excellence winners, TripAdvisor uses a proprietary algorithm to determine the honorees that takes into account reviews ratings. Businesses must maintain an overall TripAdvisor bubble rating of at least four out of five, volume and recency of reviews. Additional criteria include a business' tenure and popularity ranking on the site.

### **55th Crossing: A live, work, play community**

Minot residential and commercial real estate is on the rise as development at 55th Crossing advances with on site and vertical construction. The Live, Work, Play Community developed by Nathan Smith and Mike Duffy implements the framework of the urban design movement known as new urbanism.

Smith and Duffy are hoping the fusion of commercial and residential spaces will become the model influence for future expansion in the Bakken Region. The walkable convenience to shops, schools and over 30 acres of parks, open space and trails will set the 55th Crossing Community apart from other area developments.

Included in the current on site construction is, SJ Lewis's \$6 Million on 55th Street SE from Highway 2 to 16th Ave SE; Tom's Backhoe's \$8 Million on Phase 1; and Wagner's \$5 Million on 16th Ave. Vertical construction includes the start of the \$18 million Nedrose Middle and High School (construction managed by Northwest Contracting and the dirt work by Rachel Construction); Performance Homes' 62-unit townhome project and Heartland Developers' 132-unit townhome project. Additional construction includes a regional fire station, mixed-use commercial space, residential units, multi-family housing, townhomes and single-family homes.

Lots in Phase 1 will be available in 2014 and

Nedrose School is set for completion in the fall of 2015. To ensure the Live, Work, Play Community is a sustainable, livable development, throughout the next three years, on-site construction is set to reach upwards of \$300 million. For more information visit [www.55thCrossing.com](http://www.55thCrossing.com) or call Anna Knutson from Results Unlimited at 701.837.4949.

### **Sanford Health Walk-in Clinic offers convenient sports physicals**

Sanford Health Walk-in Clinic, located at 801 21st Ave. SE on the Highway 2 and 52 bypass east near Schatz Crossroads Family Restaurant, offers convenient, no-appointment-necessary appointments for sports physicals from 8 a.m. to 9 p.m. Monday through Friday, and from 10 a.m. to 4 p.m. Saturday and Sunday.

Athletes can walk in during those office hours to receive a sports physical, and they can visit [minot.sanfordhealth.org](http://minot.sanfordhealth.org) in advance to check the wait times in the clinic. To help streamline their sports physical appointments, athletes can review and complete necessary forms for sports physicals in advance online at [minot.sanfordhealth.org/sportsphysical](http://minot.sanfordhealth.org/sportsphysical).

The North Dakota High School Activities Association requires annual sports physicals for all athletes participating in school-sanctioned sports. Athletes must have their physicals completed before the first day of practice for their sport, which may start as early as Monday, Aug. 5.

### **Hovde open house set for July 29**

An open house is set for Tuesday, July 29 from 1 to 4 p.m. for State Farm Agent, Darrel Hovde. Hovde is retiring after 36 years in the insurance business.

The open house will take place at his business at 111 11th Ave SW, Minot. Stop in and have some cake and coffee and wish him well.

### **Gate City Bank donates more than \$260,000**

From April through June, Gate City Bank donated more than \$260,000 to organizations across North Dakota and western Minnesota as part of its ongoing commitment to support local communities and causes.

The Minot Park District Foundation received a donation. Gate City Bank also made donations to regional organizations including the American Red Cross, March of Dimes, ND Autism Center, United Way, Habitat for Humanity, and YMCA.

## MEMBER BUSINESS BRIEFS

### Trinity Health earns 'Most Wired' designation

For the fifth straight year, Hospitals & Health Networks magazine has designated Trinity Health among the nation's Most Wired health systems. The July health journal lists Trinity as a winner in the "Most Improved" category. Trinity Health and two other institutions were the only North Dakota hospitals to make the 2014 Most Wired list.

Trinity President and CEO John M. Kutch said the continued recognition of Trinity Health as a Most Wired system reflects the organization's strong commitment to promote IT initiatives. "Our staff is doing tremendous work to enhance our IT system in ways that support care and improve service delivery," Mr. Kutch said. "The continued recognition of Trinity Health as a Most Wired system reflects their work and our commitment to emphasize IT as a strategic imperative to enhance patient care and safety."

Trinity Health adopted its electronic record in 2006 and has continued to enhance its system. For example, doctors and other clinicians share best practices and use data analysis to identify areas for improving quality and reducing cost. Receiving Most Wired designation for six out of the last seven years provides further confirmation that Trinity Health is a leader in the digital hospital movement, according to David Wanner, Trinity Health Vice President and Chief Information Officer.

Wanner said, "We're extremely pleased that later this summer we'll be able to 'go live' with an online patient portal that will give patients secure internet access to their medical records and other health information."

Health Care's Most Wired Survey, conducted between Jan. 15 and March 15, asked hospitals and health systems nationwide to answer questions regarding their IT initiatives. Respondents completed 680 surveys, representing 1,900 hospitals, or more than 30 percent of all U.S. hospitals.

The July H&HN cover story detailing results is available at [www.hhnmag.com](http://www.hhnmag.com).

### YWCA sponsors Ultimate Girlfriend Event

The Ultimate Girlfriend Event is a one-time event kicking off the beginning of Minot YWCA's Women's Empowerment (WE) Sessions Saturday, Sept. 20 at Minot's Grand Hotel. The social and networking hour begins at 6 p.m., with sessions beginning at 7 p.m.

The purpose of this unique event is to raise awareness of the upcoming women's educational empowerment sessions, of which there will be three to four in 2015. Women of all ages are welcome.

The YWCA is partnering with several downtown businesses for this event. Featured business-

es will have displays, and there will be shopping time for the guests.

The event begins with a social/networking hour with light hors d'oeuvres and a cash bar. This will be followed by mini-sessions on relevant topics such as healthy attitudes, quick makeup tips, mini workouts, eating fresh, and a special Minot version of "What Not To Wear." A fast-paced fashion show follows, featuring the amazing downtown women's clothing stores. Fabulous door prizes, shopping time, and time to hang out and reconnect with your girlfriends are all included in this fun evening.

The YWCA Minot-Center of Hope is the

region's only homeless shelter, providing emergency shelter for area women and children. Our mission's main focus is on empowering women, which is accomplished in part through our shelter services. Our mission of empowerment is focused not only on homeless women, but on all women in the greater Minot area. Please join us for an uplifting, empowering, and inspirational evening!

Tickets are available at the YWCA office at 205 3rd Ave. SE, at the Visit Minot office at 1020 S. Broadway, or at Main Street Books at 8 South Main.



# Grand Opening

**MONDAY**  
**Sept. 15<sup>th</sup>**  
**2pm - 7pm**

FOOD SERVED FROM  
**4pm - 6pm**

Please join IRET Properties as we celebrate the Grand Opening of The Commons at Southgate.

Enjoy food catered by Dickey's and Qdoba and kid's activities including a bounce castle, bungee run, cotton candy machine and music by Fun Time DJ.

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*The Commons at Southgate is IRET Properties latest luxury apartment home. The 233 unit building features an indoor and outdoor pool, fitness center, underground heated parking, on-site bark park and granite counter tops.*

**1909 31st Ave SW | Minot, ND 58701**

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DON'T FORGET  **IRET**

**Annual Meeting Of Shareholders**  
Tues Sept. 16th | 7pm @ Grand Hotel



## MEMBER BUSINESS BRIEFS

### **Minot Area Homeless Coalition sponsors 4th Annual 5K Fun Walk-Run**

The Minot Area Homeless Coalition will sponsor its 4th annual 5K Fun Walk-Run Saturday, Aug. 2 at Oak Park (shelter #9). Registration will begin at 7:30 a.m.. Walkers will begin the race at 8:15 a.m., while runners will start at 8:30 a.m.

The deadline for entry was July 18, but late registrants are still welcome to enter for \$20 (no t-shirt). This is a non-competitive charity event to aid the Homeless Coalition.

For more information, please call 852-6300.

### **Treatment zaps varicose veins with radio waves**

An estimated 30 million Americans suffer from varicose veins, yet only 1.9 million seek treatment each year. Doctors at Trinity Health are hoping to reverse that trend with a new minimally invasive therapy that uses radiofrequency (RF) energy to ablate or vaporize varicose veins and those that have developed into a more serious condition, chronic venous insufficiency or CVI.

Cardiologist Samir Turk, MD, FACC, and Interventional Radiologist Sridhar (Jake) Naidu, DO, have both completed training to perform the procedure, called Venefit™ Targeted Endovenous Therapy. Venefit involves inserting a thin, flexible tube called a catheter into the diseased vein. The RF energy seals the vein shut. Once the diseased vein is closed, blood re-routes to other healthy veins. Over time the treated vein shrinks and is absorbed by the body.

"Varicose veins are often misunderstood as just a cosmetic issue," Dr. Naidu said. "But they are a precursor to the more serious condition, CVI. CVI is a progressive disorder that can affect daily activities, create ambulation issues, and result in skin damage or ulcer formation. Signs and symptoms include swelling, fatigue, restlessness and pain in legs, skin changes and ulcers."

Healthy leg veins contain valves that open and close to help blood return toward the heart. Veins can become varicose when stresses on the venous system, such as pregnancy, age or prolonged standing, weaken and stretch the vein structure. "This creates a condition called reflux," Dr. Naidu explained. "Instead of the blood moving up towards the heart, it moves backwards and pools in the legs."

Dr. Naidu says Trinity looked at other vein therapy systems before selecting Venefit. "We liked the patient-friendly features," he said. "One study showed that Venefit was associated with fewer post-procedure issues such as pain and bruising, and patients tended to recover a bit faster. When our patients walk out the door we want to feel confident that the patient had a better experience."

Appointments at the Advanced Imaging Center at Town & Country Center in Minot are available by calling 857-3220. Dr. Turk is available for appointments to screen patients in his office at Health Center-Medical Arts at 857-7388.

### **KLJ expands to Florida**

KLJ, an engineering, surveying and planning firm, is expanding to Lake Worth, Florida. The firm will specialize in hydrogeological services and provide comprehensive water supply, water management and well water-system consulting to the community and surrounding area.

The office, a business suite in the Wellington Commons Business Center, is located at 8461 Lake Worth Road, Suite # 1-251 in Lake Worth, Florida. The Lake Worth office is KLJ's first office in Florida and brings the firm to 24 office locations. "Expanding our services into Florida will provide unique opportunities to work with the community and bring multiple career opportunities to the area, as we plan to continue to expand once we become more prominent in the community," said Michelle Miller, recruiting manager at KLJ. Mike Waldron, a Lake Worth resident, recently joined KLJ, and will lead the initiative in Florida from the Lake Worth office. Waldron, a professional geologist and hydrogeologist, has more than 24 years experience in water resource and environmental fields and has served as project manager and technical lead for numerous injection-well programs and water-supply well projects.

KLJ is headquartered in Bismarck, ND and has grown significantly over the past few years. The move exemplifies the company's growth and goal toward becoming a national firm. In 2014, the firm was recognized as one of the Top 500 Design Firms by Engineering News Record for its 2013 performance and has won both regional and national engineering awards. "KLJ has evolved into an industry leader by excelling locally. Our office locations and local knowledge offer our clients a strategic advantage through understanding and knowing the communities in which we live and work and, we plan to provide the same quality service in Florida," said Niles Hushka, KLJ's CEO.

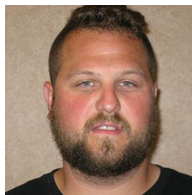
KLJ's success is evidence of a rich 75-year history, a thriving presence and a strong future. As a leader in the industry the company will continue to provide unparalleled services to a variety of market sectors that sets the standard for quality and client satisfaction for local, regional and national infrastructure projects.

### **Erich joins HEI**

Mark Erich has joined Houston Engineering, Inc., (HEI) as a survey technician in their Minot office.

Erich is a native of Cleveland, OH, and received a certificate of completion in building construction occupations in 2003. He previously worked at Magnetic Resonance Technologies in Willoughby, OH.

Erich started employment at HEI on June 16.



### **Columbians explore North Dakota**

The Minot Area Council for International Visitors (MACIV) hosted four Columbian government officials traveling with two interpreters July 9 to 13. The international visitors were investigating American governmental and non-governmental programs and cooperative efforts which involve environmental regulation and promote environmental protection and biodiversity. The group traveled under the International Visitor Leadership Program of the U.S. State Department.

The international visitors were Wilington Angarita Angarita (technical administrator, corporantander, Regional Environmental Agency, Santander Region); Jose Alain Hoyos Hernandez (deputy director, environmental regulation at Cormagdalena, Regional Environmental Agency, High Magdalena Region); Juliana Hoyos Moncayo (coordinator, designing and implementing product marketing strategies, Natural Parks); and Juan Carlos Sanchez Medina (environmental and sanitary engineer, Cormacarena, Regional Environmental Agency, Meta Department). The interpreters were Natasha Bonilla and Nancy Hand.

"MACIV was excited to host this delegation. North Dakota's unique combination of resources, including coal, oil, gas and wind, allowed us to craft a program that highlighted the issues involved in balancing energy and environmental concerns," said Joseph Jastrzembksi, MACIV president.

The delegation visited Falkirk Mine, Coal Creek Station, and the Custer Mine Overlook. The Custer Mine Overlook is the former location of the Truax-Taer Mine, an old strip mining area. On the Fort Berthold Indian Reservation, they discussed oil and gas development and regulation with representatives from the Three Affiliated Tribes. They also visited the Knife River Indian Villages National Historic Site. Knife River Indian Villages offered the visitors a glimpse of the lives of the ancestors of the Northern Plains Indians, particularly the Hidatsa people, on the Upper Missouri.

A nonprofit, community-and university-based organization, MACIV has been headquartered at Minot State University since 1992. MACIV designs and implements professional programs and provides cultural activities and home-hospitality opportunities for foreign leaders, specialists and international scholars. Individuals from the local council include Minot State University students, faculty and staff, as well as members from Minot and surrounding communities.

For more information, contact Jastrzembksi at joseph.jastrzembksi@minotstateu.edu or 858-3322.

# AUGUST 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> Ambassador's Committee, 7:30 a.m., Broadway Bean & Bagel	<b>2</b>
<b>3</b>	<b>4</b> Right Start Presentation FTAC, 9:30 a.m., MAFB	<b>5</b> First Dollar of Profit presentations, 10 a.m., Various locations	<b>6</b>	<b>7</b> Military Affairs Committee, Noon, Grand Hotel	<b>8</b> Infrastructure Committee, 7:30 a.m., Homesteaders	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b> Eagle Awards Presentation, 10 a.m., Chamber office	<b>13</b> Right Start Presentation, 10 a.m., MAFB	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b> Ribbon Cutting, 1 p.m., Burdick Job Corps Center	<b>19</b> Board of Directors, 7:30 a.m., Grand Hotel	<b>20</b>	<b>21</b>	<b>22</b> Military Day at Roosevelt Park Zoo, 10 a.m. – 8 p.m.	<b>23</b>
<b>24</b>	<b>25</b> Military Affairs Committee Golf Scramble, 11 a.m. - Registration, Vardon Golf Course	<b>26</b>	<b>27</b> Right Start Presentation, 10 a.m., MAFB	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b>						

To view meeting changes or community events, log on to [www.minotchamber.org](http://www.minotchamber.org)